FACT SHEET



BOOST

AN ENERGY DETOX TEA PEACH & PINEAPPLE

A very smart blend of high quality, powerful ingredients to super charge your energy and support weight loss. This delicious daily drink is designed to cleanse your body, boost your mood and get you going. All whilst avoiding those terrible caffeine jitters and the energy peaks and troughs we usually experience from sugary energy drinks. *Green tea extract to cleanse and detox *Guarana for a steady, prolonged release of energy *Panax Ginseng to increase stamina *Lions Mane to reduce fatigue and elevate mood *Energising Vitamin B Complex **Ingredients:** Inulin, Green Tea Extract, Peach Flavouring Elixeroma, Citric Acid, Pineapple Flavouring Elixeroma, Guarana Seed Extract, Ferrous Gluconate, Masing Flavouring, Stevia Extract, Korean Panax Ginseng, Lions Mane Extract, Nicotinamide, Calcium Pantothenate, Cyanocobalamin, Pyridoxine HCI, Riboflavin, Thiamine HCI, Potassium Iodide

Directions for use: Once daily, mix 1 Sachet (approx. 5.18g) of powder with 300ml of water and stir until fully dissolved.

Storage: Store in a cool dry place.

Warnings: Keep out of sight and reach of children. Food supplements are not a substitute for a balanced diet and a healthy lifestyle. Do not exceed the stated recommended daily dose. If you are pregnant, breastfeeding, have serious medical condition or are under medical supervision, please consult with your doctor before taking this product.

Nutritional Information Serving Size 1 Sachet (approx. 5.18g)	Per Serving	RDA %
Green Tea Of Which L-theanine	1000mg 300mg	t
Guarana Seed 22% Caffeine	100mg	t
Noni Fruit Extract 4:1	Equivalent to 500mg	t
Panax Ginseng 10:1	Equivalent to 1000mg	t
Iron	10mg	71
Lions Mane 5:1 Extract	Equivalent to 250mg	t
lodine	300µg	200
Vitamin B1	2.2mg	200
Vitamin B2	2.8mg	200
Vitamin B6	2.8mg	200
Vitamin B12	10µg	400
Vitamin B5	12mg	200
Vitamin B3	32mg	200

Typical Values	Per 5g Serving	Per 100g
Energy KJ	16KJ	320KJ
Energy Kcal	3.9Kcal	78Kcal
Carbohydrates	0.15g	3.0g
Of Which Sugars	0.15g	3.0g
Fat	Og	Og
Of Which Saturates	Og	Og
Fibre	1.65g	33g
Protein	Og	Og
Salt	Og	Og
Caffeine	22mg	440mg

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† Values Not Established



FOOD SUPPLEMENT



